

What's Your RiskAbility Score?

Discover what your relationship with risk reveals about your leadership, decision-making, and future potential.

Instructions

Rate each statement on a scale of 1 to 5:

- 1 = Never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Often true
- 5 = Always true

1. I regularly make decisions before I have all the information.

1 2 3 4 5

2. I feel confident navigating uncertainty.

1 2 3 4 5

3. I trust my gut, even when the data isn't clear..

1 2 3 4 5

4. I ask bold questions that challenge the status quo.

1 2 3 4 5

5. I recover quickly when something doesn't go as planned.

1 2 3 4 5

6. I've taken a leap in my career that others didn't understand.

1 2 3 4 5

7. I know when to pull back—and when to go all in.

1 2 3 4 5

8. I take responsibility for my choices, even when the outcome isn't ideal.

1 2 3 4 5

9. I regularly reflect on what's holding me back.

1 2 3 4 5

10. I'm more interested in growth than comfort.

1 2 3 4 5

11. I make decisions based on both data and intuition.

1 2 3 4 5

12. I remain calm and focused in high-stakes situations.

1 2 3 4 5

13. I don't need approval before I act.

1 2 3 4 5

14. I know how to course-correct without spinning out.

1 2 3 4 5

15. I seek out feedback—even when it's hard to hear.

1 2 3 4 5

16. I can lead with empathy while still making tough calls.

1 2 3 4 5

17. I take time to understand what fear is trying to tell me.

1 2 3 4 5

18. I'm willing to risk failure if I believe in the bigger vision.

1 2 3 4 5

19. I actively build resilience in myself and others holding me back.

1 2 3 4 5

20. I feel overwhelmed—by big opportunities.

1 2 3 4 5

Now Add Up Your Total Score

Score range: 20 (low) – 100 (high)

_____ Is Your RiskAbility Score

80–100: The Risk Master

You're bold, thoughtful, and resilient. You've built a strong emotional operating system that allows you to act decisively while staying grounded. Risk doesn't intimidate you—it energizes you.

Next Step: Start mentoring others, building teams, or tackling your next big vision.

[Take the next step with Tom](#)

60–79: The Calculated Climber

You're bold, thoughtful, and resilient. You've built a strong emotional operating system that allows you to act decisively while staying grounded. Risk doesn't intimidate you—it energizes you.

Next Step: Expand your capacity for strategic risk and surround yourself with growth-minded peers.

[Get a customized plan to grow your edge, Book A FREE Discovery Call with Tom](#)

40–59: The Controlled Navigator

You're steady and thoughtful—but perhaps too focused on minimizing risk. There's more in you. Consider which fears are keeping you stuck and which habits are holding you back.

Next Step: Develop emotional agility and strengthen your recovery muscle.

[Explore coaching with Tom](#)

20–39: The Risk Avoider

You're playing it safe—and it might be costing you growth. The fear of failure may be overpowering your capacity for boldness. Good news? RiskAbility is a skill you can build.

Next Step: Start small. Learn your patterns. Begin rebuilding confidence in your decision-making.

[Book a FREE Discovery call with Tom](#)